

Volume 43 Issue 5

May 2023

SUNRISE PRESBYTERIAN CHURCH

# SUNRISE NEWS AND VIEWS

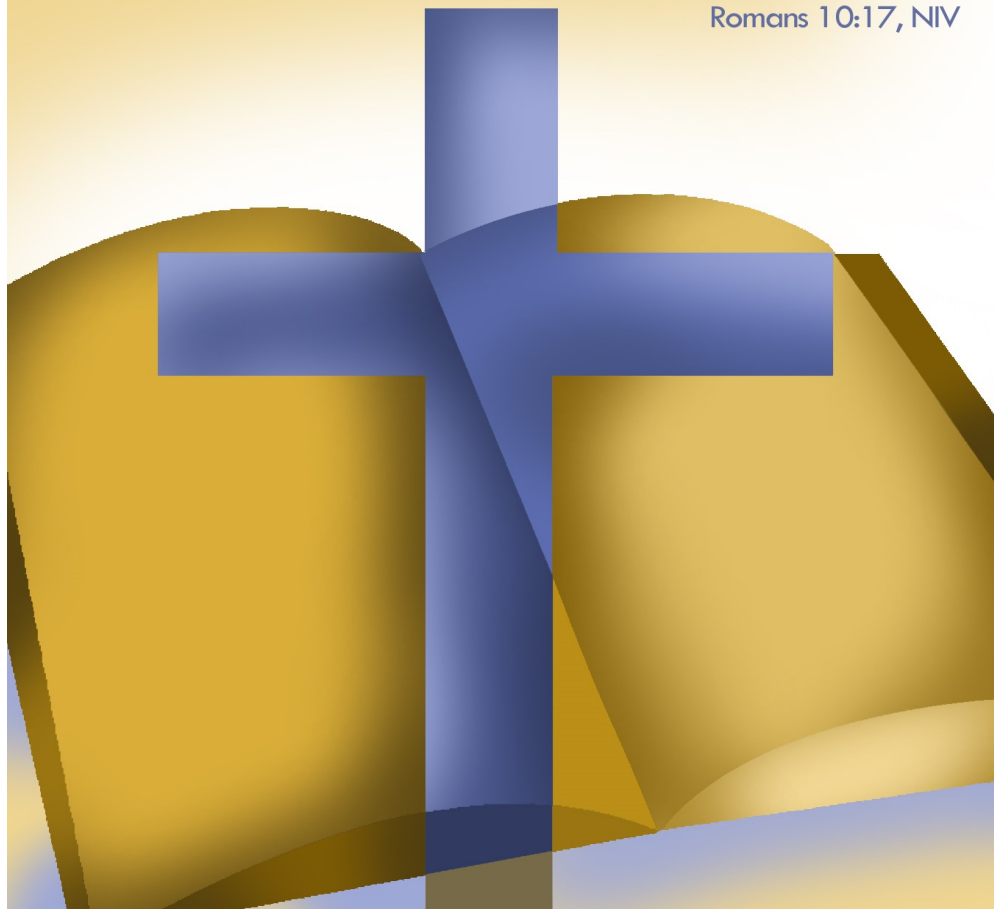
Faith comes from hearing

**THE MESSAGE,**

and the message  
is heard through the

**WORD OF CHRIST.**

Romans 10:17, NIV



# May

## AWARENESS

What a privilege to host the Presbytery of Northern Kansas meeting here on April 29! We had a very good turnout of Sunrise Presbyterian members helping with the event. Kudos to Mary Lee Arnold and the Nurture and Evangelism committee for taking charge of the details, with lunch catered by Martinelli's Little Italy Restaurant. Kenny Hancock provided setup for the sound system in the sanctuary. Our Sunrise Deacons prepared the juice and set up for communion, with a donation of bread baked by Rev. Shannon Borgman. Ann Zimmerman sang and led music during the worship service and several Sunrise members were ushers and communion servers. Special thanks go to General Presbyter Melanie Hancock for coordinating the details with Mary Lee and Pastor Deb, to Edie Hurtig for covering the office and assisting during the meeting, and to Greg Kerr for handling the details of the physical space.

The Current Issues class continues its exploration into the subject of the Matthew 25 Initiative. This initiative by the PCUSA is meant to create awareness on the part of PCUSA members and congregations on how we might fulfill Jesus' commandment to serve those who may be less likely to thrive in our culture. As stated in our new brochure, which you'll find on a table in the hallway across from the church office,

"Matthew 25:31-46 calls all of us to actively engage in the world around us, so our faith comes alive and we wake up to new possibilities. One of the ways we can do this is to 'act boldly and compassionately to see our neighbors through Jesus' eyes and serve those who are marginalized or in need – people who are hungry, thirsty, naked, sick, imprisoned, strangers, poor or oppressed and in need of welcoming.'"

In March, the Current Issues class explored how Sunrise is addressing the issue of poverty in our community with our ministries as they currently exist. It seemed evident that many of our compassionate acts are done for the purpose of meeting the needs of "those who are marginalized or in need..." That is, we recognize that the Commodities Distribution, the Souper Bowl of Hope drive, Project Salina, serving Salvation Army meals, contributing to Match Madness, preparing and serving meals at Welcome Table, providing clean water through Living Waters for the World, and other ministries, are ways that we are trying to address poverty in our community. What comes to mind for you, as you think about some of the other ministries and services we support?

In April, the class looked at the subject of racism through a very interesting document called "Internal Institutional Analysis on Race Worksheet for Predominately White Congregations." This document posed specific questions to ask about our local community. Some of those questions caused us to reflect seriously on the unique things we might learn. For instance, "Where does the church hold its money?" "Do contractors we engage pay a living wage to employees?" "Where do our church's resources go?" "If our budget is a moral and spiritual document, in addition to a practical one, how does it align with our values to advance racial equity?" and "Where is there room for growth?" (Antiracism Assessment)

We invite you to join us to explore these interesting and timely topics. The Current Issues class is tailor-made to allow for the sharing of thoughts and ideas from all perspectives, as we wrestle with who we are called to be as followers of Jesus Christ in 2023 and beyond.

Joyfully serving Christ with you!  
Pastor Deb Schmidt

## WORSHIP COMMITTEE NEEDS VOLUNTEERS

The Worship Committee is looking for two volunteers to be our 2023 Summer Music Coordinators. During the summer months Matt arranges for a person or group to present the musical anthem at each Sunday service. Each Sunday one of the Music Coordinators will be responsible for:

1. Meeting the person presenting the anthem before the Sunday service (usually around 9:00 am).
2. Greeting them.
3. Showing them to the sanctuary.
4. Introduce them to Sue Will if she's accompanying them.
5. Figure out where they will stand while performing the anthem.
6. Introduce them to the person running the Live Stream so they can do a sound check.

We're asking for two people so we can trade off the Sundays during the summer and if one of the coordinators has vacation plans or conflicts, the other coordinator can be scheduled for that Sunday. If you're interested, please see Mark Zimmerman. Thanks for considering this.

## WHAT IS A MATTHEW 25 CHURCH?

### Matthew 25

Then the king will say to those at his right hand,

Come, you that are blessed by my Father, inherit the kingdom prepared for you from the foundation of the world;

for I was hungry and you gave me food,  
I was thirsty and you gave me something to drink,  
I was a stranger and you welcomed me,  
I was naked and you gave me clothing,  
I was sick and you took care of me,  
I was in prison and you visited me.

Then the righteous will answer him,

Lord, when was it that we saw you hungry and gave you food, or thirsty and gave you something to drink? And when was it that we saw you a stranger and welcomed you, or naked and gave you clothing? And when was it that we saw you sick or in prison and visited you?

And the king will answer them, Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me.

— Matthew 25:31–46



## SUNRISE MUSIC NEWS

Summer music is being scheduled! The Choir will sing through mid-May and be on hiatus until Fall. During the summer months, we will enjoy special music provided by individuals or groups.

We will have our Music Concert on July 16 during the 9:30 am worship service. Please mark your calendars and plan to attend!

Please join us for Choir and/or Handbells!

Matt Schwan  
Director of Music

## Mission Committee



### Ongoing Mission

Souper Bowl of Hope 2023 is done The goal for Salina was 57,000 cans! The total donated was 67,000!

The next Commodity Distribution will be May 17 at 9:00—10:00 am at the 4H Building.

Every month, Sunrise provides support to the following agencies: \$100/month to Ashby House, Emergency Aid Food Bank, Salvation Army and Salina Rescue Mission; \$60/month to DVACK; \$40/month to CAPS; and \$50 to Salina Grace Resource.

Matthew 25 information is on page 3 of this newsletter.

“Our mission is to seek the will of God, and then serve and obey God’s commands by serving others, both actively and monetarily, in our church, in our community, and throughout the world. Our goal is to involve all members of the congregation in mission, as we strive to be the hands and feet of Jesus Christ.”

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## Memorial Committee

Memorial Committee was contacted by Betty Kerr on behalf of the Nurses at Sunrise and requested funds from Trudy Chaney’s Memorial to be used to purchase a transport chair.

The Memorial Committee approved the use of the Trudy Chaney Memorial funds by the Nurses to purchase a transport chair.

Respectfully submitted,  
Mary Lee Arnold, Elder



Sara Orr shot free throws to earn \$60.00 for Sunrise. This was done through the Match Madness.

## SUNRISE GRADUATES



### Ashlynd Merrill

Ashlynd is the daughter of Jeff Merrill. She will be graduating from Southeast of Saline on May 14th. This summer Ashlynd will be moving to Missouri to work at Heartland Camp as an on sight Day Camp Counselor. After high school she will be going to the University of Kansas to further her education. She plans on majoring in Elementary Education with the hope of becoming a kindergarten teacher. Ashlynd is super excited about this next phase of her life and can't wait to be a Jayhawk!



### Aviana Ordonez

Aviana is the granddaughter of Greg and Sherril Kerr. Aviana is currently a senior at Salina South High School and will graduate on May 14. She will be graduating this year and will go to Baker University to study Exercise Science to be an Occupational Therapist! Along with a lot of schooling, she will be bowling at Baker also!! On her outside time Aviana is a CAN. She sleeps, cleans and organizes. It's been a blessing to be apart of a church of everyone being so welcoming and forgiving!



### Karee Adam

Karee is the daughter of Eric and Brandee Adam and the granddaughter of Jean and Larry Adam. Karee will be graduating from El Saline. She attended Sunrise with her Grandma Jean when she was younger. Karee attended as many Sundays as she could until she transferred school districts to Smoky Valley in eighth grade. Her sophomore year she came back to work the Nursery for a short time until her schedule started to overflow. Karee is involved with tennis, basketball, softball, KAYS Club, Pep Club, National Honor Society, and the Yearbook Staff. In addition, she has been the president of FCCLA, Future Career and Community Leaders of America. Karee is also SVHS Class of 2023 President. Next year, she will enroll at Bethany College in Lindsborg, KS. While she is there, she will do dual-sport in tennis and softball, major in Accounting, and do her best to stay involved.



### GRETCHEN COX

Gretchen Cox is the granddaughter of Linda Allen. She is graduating from Emporia State University with a Bachelors in Elementary Education. She graduated with cords which was earned by students who had a 3.75 GPA or higher and a coaching minor. Gretchen will be teaching at IXL in Ark City, Kansas as a Special Education Teacher while she continues earning her masters degree that she started on during her undergraduate work.

# Sunrise News

## COFFEE HOUR

The Coffee Hour for May and June sign up sheets are on the bulletin board.



## DISASTER FOOD GIVEAWAY & COMMODITIES

The next distribution will be **May 17 from 9:00 –10:00 am at the 4H building.**  
Sylvia Phillips



## BLOOD PRESSURE CHECK

The Nurses will do Blood Pressure Check on Sunday, May 21, 2023.

## OUT TO LUNCH BUNCH

The Out To Lunch Bunch will meet on Thursday, May 4 at 11:30 am at La Casita.  
The address is 1601 W Crawford. We will celebrate Cinco de Mayo a day early.  
Don't forget to RSVP to Patti Breeding.

Please come and enjoy fellowship and good food. Everyone is welcome!



## PROFS

PROFS will meet, Wednesday, May 3, at 8:30 am in the MPR.

## CURRENT ISSUES CLASS

Current Issues class will met May 19, 7:00 pm in the parlor. Please plan to come.



## NEWSLETTER DEADLINE FOR ARTICLES

The newsletter deadline for newsletter articles will be Tuesday, May 19, for the June Newsletter.

# In Service of the Church - May

## May Lay Leaders

- May 7 Paul McAfee
- May 14 Mary Lee Arnold
- May 21 Marilyn Benyshek
- May 28 Clarke Sanders



## Attendance Register For April

(Totals include YouTube view's)

Date	In Person	Youtube
2	69	20 (Palm Sunday)
6	48	9 (Maundy Thursday)
7	64	71 (Good Friday)
9	108	29 (Easter)
16	63	21
23	73	16

## May Greeters

- May 7
  - East Door Betty Rasette
  - South Door Judy Christensen
- May 14
  - East Door Dave & Julie Parks
  - South Door Ed & Carol Viar
- May 21
  - East Door Pat & Patti Breeding
  - South Door Vicki Moss
- May 28
  - East Door Pat & Patti Breeding
  - South Door Jean Adam



## May Ushers

- May 7 Maurice & Betty Kerr
- May 14 Jean Reed  
Mary McCall
- April 21 Kim Gillam  
Rosie McKee
- April 28 Karen Sutton  
LeAnn Blancho

## Presbyterian Manor Bus

- May 7 Ed Viar
- May 14 Ed Viar
- May 21 Dean Atteberry
- May 28 Dean Atteberry

## Acolytes

- May 7 Lydia Schwan
- May 14 Lydia Schwan
- May 21 Lydia Schwan
- May 28 Lydia Schwan

## STEWARDSHIP AND FINANCE

Here is a recap of the 1st Quarter (January - March) from your Stewardship and Finance committee.

Checking account balance: We had \$92,546.50 in the checking account at the end of March. Last year we had \$34,741.74.

This amount is \$17,164 below the budget, but we have a couple of large line times that will provide income in the second half of the year. On the plus side, Giving income is only \$2,296 below budget.

Expenses: total expenses were \$66,247. Utilities typically run over budget during the first quarter, and we saw that again this year. We have had no abnormally high expenses so far this year.

Bottom line: Expenses exceeded income by \$19,752. We are not in panic mode yet, but this does need to improve. Please keep the money that you pledged coming in. I expect we will see our income to expense ratio get better in the 2nd Quarter. The amount in our checking account is dwindling each month that our expense is more than our income.

Match Madness - We had \$2230 donated to the GSCF endowment through Match Madness. There were 22 individuals/families that donated. Sara made 6 free throws during her one-minute time slot for an extra \$60. We received a check for \$1179.71 in mid-April which was our matching amount plus prize money (free throws). This was \$1.06 less than last year.

Thanks for your continued support of Sunrise Presbyterian Church.

Dave Parks  
Stewardship and Finance Committee Moderator

### Per Capita for 2023

2023 Per Capita is \$36.00 per person.

### DON'T FORGET

The Stewardship and Finance meeting on Monday, May 8 at 5:30.



### FINANCIAL UPDATE

End of March, 2023	
Year to Date Income	\$ 46,494
Year to Date Expenses	\$ 66,246
Difference	\$ <19,752>

**HEARTLAND CAMPS**

**Grandparent Camp**

**Dates:** June 17 - 18  
**Ages:** 4 & up  
**Price:** \$100 per person

**Activities:**

- Horseback Riding
- Swimming
- Archery
- Rock Wall and Zip Line
- Worship

**Family Camp**

**Dates:** June 23 - 25  
**Ages:** All are welcome!  
**Price:** \$125 per person (3 and under are FREE)





### THANK YOU

Dear Friends at Sunrise Presbyterian Church. Thank you for your gift to Salina Grace! Spring brings new joy and new life to all that is, and with your help. New beginnings are made possible by connecting people to life enhancing services. We're grateful for your love and support. God Bless! Britany Willer

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### TRAVELING DAY CAMP

Traveling Day Camp is coming June 12-16. To register, please visit <https://www.heartlandcamps.org/sunrise-fpc-salina> or contact Jean Buyse (785-452-0786 or email: jean\_drees@hotmail.com) and/or Mary Lee Arnold (785-822-7536, email: marnold314@sbcglobal.net). Registration is free for Sunrise families and friends! See information about Grandparents Camp and Family Camp on page 8.

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### APRIL LINGERIE SHOWER FOR ASHBY HOUSE AND DVACK



Don't forget the April Lingerie Shower will end April 30. However if you have some items to donate contact Carol Viar. Often when the young women arrive at Ashby House or DVACK, they are badly in need of underclothing. So, in April, we will collect lingerie for them. Please donate lingerie.

The lovely lingerie chest (made by Steve & Jeanne Sebree) will serve as the collection point. Often Walmart and Kohls have very nice things in their clearance areas. This year, we will also be collecting personal hygiene items for the ladies.

Thank you so much!

Questions? Carol Viar 785-820-6598

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### WOMEN'S RETREAT

Save the date of Saturday, August 19, from 9:30 am—3:30 pm at Sunrise. We'll be "retreating" again together for the day and hope you will join us!! More to come...but we're hoping you will **CHOOSE JOY!** with us!



## AGENCY OF THE MONTH

### Central Kansas Mental Health Center

#### May is Mental Health Month

May is a time to raise awareness of those living with mental or behavioral health issues and to help reduce the stigma so many experience. It is also an opportunity to better understand and care for your own mental health.

#### Look Around, Look Within: Your surroundings say a lot about your mental health

Take a moment to consider your surroundings. Do you feel safe? Do you have access to health care and grocery stores? Does your home support you, both physically and mentally? This Mental Health Month, challenge yourself to look at your world and how different factors can affect your mental health. Where a person is born, lives, learns, works, plays, and gathers, as well as their economic stability and social connections, are part of what is called “social determinants of health” (SDOH). The more these factors work in your favor means you are more likely to have better mental well-being. However, when it seems like the world is working against you, your mental health can suffer. While many parts of your environment can be out of your control, there are steps you can take to change your space and protect your well-being.

**Focus on your home:** Consider keeping your space tidy, sleep-friendly, and well-ventilated. Surround yourself with items that help you feel calm and positive.

**Create bonds with your neighborhood and community:** Get to know the people living around you, join or start neighbors-helping-neighbors groups, and support local businesses to challenge gentrification.

**Connect with nature:** Hike in a forest, sit in a city park, bring a plant inside, or keep the shades open to absorb natural light.

If you're taking steps to improve your surroundings but are still struggling with your mental health, you may be experiencing signs of a mental health condition. You are not alone – help is out there, and recovery is possible. It may be hard to talk about your concerns, but simply acknowledging to yourself that you are struggling is a big step. A great place to start is taking the time to assess your own mental health. Free mental health screenings are available on the Central Kansas Mental Health Center website, [www.ckmhc.org](http://www.ckmhc.org). Screenings can help you better understand what you are experiencing and find helpful resources. After that, consider talking to someone you trust about the results, or seeking out professional help.



**THANK YOU FROM 2023**  
**SALINA SOUPER BOWL OF HOPE**



We want to thank you Sunrise for your support of the 2023 Salina Souper Bowl of Hope. A total of 67,000 cans of soup were collected between actual cans of soup and money donations.

We also want to thank those from Sunrise who worked a shift or shifts at the east doors of the Cloud Street Dillon's Store.

All of you made this a fun time!! We hope you had fun also?

Again. Thank you for your help and support.

Paul McAfee, Janie Morris and Dean Atteberry

## May Birthdays & Anniversaries

### May

- 4 Jeff Drees
- 7 Jerry McKee  
Terry & Conni Steininger Anniv
- 8 Marty Jenner
- 9 Don Slaughter
- 15 David Calvert
- 19 Meredith Drees
- 20 Brooklyn McKnight
- 21 Barbara Smischny  
Doug & Jan Albrecht Anniv  
Steve & Anne Hoekstra Anniv
- 22 Ken Klostermeyer  
David & Jodi Calvert Anniv
- 23 Ruth Self  
Kevin & Melisa McElwee Anniv
- 25 Jeff Adam  
Nick Boyer  
David & Julie Parks Anniv
- 26 Alexys Hedges
- 28 Mindy Johnson



These are pictures from the volunteer recognition at Presbyterian Manor. They are Nancy Thompson (Nancy pictured on the left) and Ed Viar (pictured on the right)



# SUNRISE PRESBYTERIAN CHURCH

825 E. Beloit  
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Seek the  
LORD and his  
strength:  
seek his  
presence  
continually.

Psalm 105:4 NRSV



## Sunday Mornings

9:30 am in person and  
Virtual Worship  
10:30 am Fellowship  
10:45 am Sunday School



Sunrise Presbyterian Church  
825 E Beloit, Salina, (785) 823-6344

### General Office Hours:

8:00 am-12:00 pm, Monday, Tuesday,  
Thursday, Friday  
Wednesday 8 am-12 pm, & 1 pm-5 pm

### Financial Office Hours:

10:00 am-12:00 pm, Monday & Thursday

Pastor: Rev. Deb Schmidt

Director of Music: Matthew Schwan

Director of Bell Choir: Matthew Schwan

Organist: Sue Will

Church Treasurer: JoAnn Gile

Financial Secretary: Karmel Spencer

Office Administrator: Edie Hurtig

Custodian: Greg Kerr